

CANOSSIAN SCHOOL REACH

MONTHLY NEWSLETTER



Center of excellence for the education of children with hearing loss March 2021

From the Principal's Desk

CANOSSIAN SAINTS' DAY (1 March)



St. Magdalene of Canossa
1774 - 1835
Memorial - 8 May
Foundress of the Canossian Sisters
Daughters of Charity, Servants of the Poor
"Making Jesus Known and Loved"

Magdalene's vision implied a Missionary spirit often stating that she was prepared to go anywhere and do anything so that Jesus would be known and loved. Today the Daughters of Charity living the spirit of Magdalene are present in 35 countries around the world and the "Canossian family" includes the Canossian Sons of Charity (priests/brothers), the Secular Missionaries of St. Magdalene and the Association of the Lay Canossians. On October 2, 1988 Pope John Paul II proclaimed Magdalen "Saint", a prophet of Charity. Magdalen, with her life, has written a significant page in the history of humanity, a page that speaks of her personal journey in the Spirit, and above all of the Greatest Love of Christ in a broken world.



St. Josephine Bakhita
1868-1947
The Lord has loved me so much: we must love everyone ... we must be compassionate!

Josephine became a novice with the Canossian Daughters of Charity religious order on December 7, 1893, and took her final vows on December 8, 1896. She was eventually assigned to a convent in Schio, Vicenza. When speaking of her enslavement, she often professed she would thank her kidnappers. For had she not been kidnapped, she might never have come to know Jesus Christ and entered His Church. During World War II, the people of the village of Schio regarded her as their protector. Although bombs fell on their village, not one citizen died. On the evening of February 8, 1947, Josephine spoke her last words, "Our Lady, Our Lady!" She then died. Her body lay on display for three days afterwards. In 1958, the process of canonization began for Josephine under Pope John XXIII. On December 1st, 1978, Pope John Paul II declared her venerable. He canonized her on October 1, 2000.

God Bless.

Christina Michael (Ms)
Principal

Chinese New Year Celebration

Canossian School staff and students celebrated the Chinese New Year with a combined programme at CCPS followed by a Thanksgiving Mass, blessings and distribution of oranges at the chapel and classrooms.



National Library Board (NBL) – Mobile Story Telling Session

As part of Molly's (Mobile Library) aim to promote reading and learning, a performance-based storytelling session was brought to Canossian School where students participated in the activities and enjoyed the interactive session.



Canossian Saints' Week

During Canossian Saints' Week, the school celebrates and honours St Magdalene and St Bakhita who lived lives of Charity, Humility, Forgiveness and Faith.

To put these values into practice, the students made Gift of Love boxes out of scrap materials. The Gift of Love boxes serve to encourage students with acts of almsgiving and sacrifice. The students are also encouraged to perform acts of love and kindness in their daily lives.



Mode of Communication

The school encourages open and regular communication with parents/guardians.

There are 3 main channels of communication between the school and parents. These channels are:

1. **Hard copy letters** are used only to communicate matters that would require a written acknowledgement from parents / guardians. Letters would also be used for events or activities are organized only for our school and not in collaboration with CCPS.
2. **Emails:** Most communication from the school on specific programmes or events would be via emails. This is an environment-friendly initiative and to help make sure that the information is accessible on mobile devices.

Our monthly newsletter, REACH, is sent out to parents via emails. Please take note of its contents, especially where there is a forecast of the events for the month. We provide this information ahead of time so that families can make necessary arrangements when dismissal times are different from the norm.

3. **Remind:** This is the **only mode** of communication used by Form Teachers with parents / guardians on daily schooling matters. To ensure that important information from the school is not missed, all teachers will use this from Term 2 onwards. This will allow parents / guardians time to set up their Remind apps and get used to its various features. Please do cooperate with the school and understand that managing varying multiple messaging systems is an additional load on teachers.

Parent Support Network 2021



Chairman:
Mr Vong Yap, parent of
Lucas Yap (P5)



Vice-Chairman:
Mdm Anne Daiana, parent of
Valantina Navaraj (P2)



Secretary:
Mdm Debbie Huang, parent of
Alaric Tee (P4)



Mr Eddie Eng, parent of Kaleb
Eng (P1)



Mrs Rona Fu, parent of
Rhys Fu (P2)



Mdm Yenny Dewi, parent of
Matthew Kueh (P3)



Mdm Grace Seow, parent of
Nathania Lim (P1)



Mdm Stephanie Chua, parent of
Rachel Zeng and Audrey Zeng (P5
and P2)



Mr and Mrs Sridharan Sundaram, parent of
Daniel Sundram (P3)



Mdm Eve Ishiqah, parent of
Nur Iffah (P5)



Mr and Mrs Joseph Teo, parent of
Nicole Teo (P6)

Canossian School took its first steps in strengthening home-school collaboration by forming its Parent Support Network (PSN) in March 2020. During term time, the PSN Team collaborated with the school to organise some school events, such as Staff Appreciation Day. They provided testimonial of the family's journey having a child with hearing loss and offered constructive feedback and ideas on Home Based Learning (HBL) and Canossian School's other projects.

This year, we are happy to welcome our new members on board. By joining a Parent Support Network (PSN), you will go beyond supporting your own child and contribute to a larger group of pupils in the school.

The PSN now comprises of 11 members who are parents of students from different levels.

- Chairman: Mr Vong Yap, parent of Lucas Yap (P5)
- Vice-Chairman: Mdm Anne Daiana, parent of Valantina Navaraj (P2)
- Secretary: Mdm Debbie Huang, parent of Alaric Tee (P4)
- Mdm Stephanie Chua, parent of Rachel Zeng and Audrey Zeng (P5 and P2)
- Mr and Mrs Sridharan Sundaram, parent of Daniel Sundram (P3)
- Mr and Mrs Joseph Teo, parent of Nicole Teo (P6)
- Mdm Grace Seow, parent of Nathania Lim (P1)
- Mr Eddie Eng, parent of Kaleb Eng (P1)
- Mrs Rona Fu, parent of Rhys Fu (P2)
- Mdm Yenny Dewi, parent of Matthew Kueh (P3)
- Mdm Eve Ishiqah, parent of Nur Iffah (P5)

Cashless Transactions

Canossian School is moving towards cashless payments from Term 2. Thus, the school is strongly encouraging you to make payments for fees, services, hearing devices and accessories through GIRO, cheque and/or internet banking transfer.

For GIRO connections, please contact the General Office for the respective forms.

For cheque payments, please cross the cheque and issue it to Canossian School - Donation Fund.

For internet banking transfer, please submit payment to our UOB bank account with the following details:

Company Name: Canossian School-Donation Fund

Bank Name: UOB

Bank Number: 362-302-879-6

Bank Code: 7375

Branch Code: 032

Swift Code: UOVBSGSG

Upcoming Events:

Date	Events
1 March	Canossian Saints' Day The school will be celebrating Canossian Saints' Day, students will be dismissed at 10 am
11 March	There will be no afternoon support lessons. Students will be dismissed at 1.30 pm
12 March	E-Learning Day Students do not need to report to school, they will need to complete all tasks assigned to them at home. Details will be provided by Form Teachers nearer to the date.

Parenting Tips

MORNING ROUTINE FOR SCHOOL



How things go at home in the morning can set the tone for the day ahead. A predictable and positive morning routine for school can help children arrive at school feeling calm, fed and ready to make the most of the first few hours of the day.

Morning routine for school: the Whys and Hows

Children do not understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families.

But staying calm and getting along in the morning will help you all feel positive about the day ahead. For example, fighting with children in the morning makes it harder for you to work well. It even increases the risk of you having an accident at work.

The most useful way to reduce morning chaos is to set up a morning routine for school. Sticking to a morning routine for school helps your children predict what's coming and remember what they need to do.

Here are some ideas to take some of the pressure out of school mornings – even if things don't always go smoothly!

Planning ahead for school mornings: the night before

The first step in your morning routine for school is to think about what you need to do and work out a plan for doing it. You'll probably find that you and your child can do many things the night before.

Here are some ideas:

- Try to find out the night before (or even earlier) if there is something special going on at school the next day.
- Organise lunches and set the breakfast table ready for the morning rush. Breakfast is one of the most important meals of the day, and helps your child to concentrate better at school.
- You might know something is going to come up that could cause conflict, like your child not wanting to eat breakfast, or wanting to wear sneakers rather than school shoes. Talk about it the night before when everybody has time and you're all less likely to be stressed.
- Think about having a weekly schedule or calendar with reminders of what your child needs to take to school each day – for example, library books, sports clothes, show and tell, and so on.
- Think about getting ready for your day the night before as well, to help ease time pressure in the morning.

Try to read school newsletters and check bags for consent forms the night before. You could also try to prepare clothes, sign the school forms and get school bags ready the night before.

Your morning routine for school: Tips

Rushing can really increase everyone's stress levels, so it helps to give yourself a bit more time in the morning. One of the best ways to do this is to get up 15-30 minutes earlier.

Here are more tips to take the stress out of mornings:

- Think about using an alarm clock that can be set on vibration mode for children who find it hard to wake up or don't like getting out of bed.
- Tackle the morning as positively and as optimistically as you can. Good moods can be infectious. One way to do this is by focusing on the positive aspects of your children's behaviour and praising them – for example, 'Great to see you eating some toast'.
- Give your children calm, clear instructions about what you want them to do, and follow up with specific praise as soon as they start to cooperate. You might need to remind younger children more often about what they're meant to be doing and when. Simple 'to do' checklists, especially with pictures, can help.
- As your children get older and more capable, encourage them to do more for themselves – for example, an eight-year-old can get dressed on his own, make his own breakfast, and tidy up after himself. A five-year-old can do things like putting his lunch box in his bag.
- Cut down on distractions like television, tablets and other devices. Many families have a rule about no screen time in the morning. Think about leaving screens off, unless screen time is a special treat for being ready on time. Parents should role model the habit of putting aside their own mobile devices while having meals or being engaged in conversations with family members. When parents are distracted by their devices all the time, children mimic this habit and begin to think that this is socially acceptable behavior.
- Try not to give your children extra attention for arguing, whining or stalling. Even negative attention is an incentive for them to keep going with this behaviour.
- Make it fun – for example, make a game to encourage your child to be ready on time.

Sometimes children drag out the time in the morning as a way to avoid school. If you think this might be happening with your child, it is a good idea to check in with your child's teacher to make sure there are no problems that are causing school refusal.

Adapted from:

https://babybonus.msf.gov.sg/parentingresources/web/Young-children/YoungChildrenEducation/YoungChildrenKindergarten/Young_Children_School_Routine?_afrLoop=55251904946644305&_afrWindowMode=0&_afrWindowId=134mxydaj2_1#%40%3F_afrWindowId%3D134mxydaj2_1%26_afrLoop%3D55251904946644305%26_afrWindowMode%3D0%26_adf.ctrl-state%3Du9qyfs8vc_4