



CANOSSIAN SCHOOL

REACH

NEWSLETTER MAY 2024

CENTRE OF EXCELLENCE FOR THE EDUCATION OF CHILDREN WITH HEARING LOSS

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OUR MOTTO

VIA, VERITAS, VITA (The Way, The Truth, The Life)

Our motto draws its inspiration from Jesus Christ. We take Him as our model and seek to follow in His footsteps.



Via (The Way)

We walk confidently and joyfully on the path of life, overcoming all difficulties with fortitude and prayer.

Veritas (The Truth)

We are sincere in word, deed and action.

We are open to truth and knowledge.

Vita (The Life)

We live for others, ready to share, serve and sacrifice for others.

Our Mission

Nurturing each in her/his own way by forming hearts, enlightening minds and empowering spirits to live in The Way, The Truth and The Life.

Our Values

The core values that guide the educative process at Canossian School are based on the Canossian values of Faith, Charity, Humility and Forgiveness.



From the Principal's Desk

Dear Parents / Guardians

As we approach the halfway mark of this academic year, we look forward to a short mid-year break from 25 May – 24 June. This is a time for our students and staff to rest, recharge and enjoy some well-deserved downtime with family and friends. This break is an important time pause in our busy year for students to spend quality time with their families.

Long holidays bring on mixed emotions for different families. Parents who have travel plans with the families are highly excited. While some may envy such families, those who have chosen not to travel are not necessarily in a less enviable position. We are fortunate that Singapore offers a host of fun-filled activities for budget-conscious families.

To underscore the importance of spending quality time with children, I will set out some free activities organised by various agencies especially for this holiday break. The following are some of the activities:

- National Library Board (NLB) has a reading programme in mother tongue as well as English. Check out the schedule for these <https://www.nlb.gov.sg/main/whats-on/events/ChildrenAndTeens>. It also runs a Holiday Special with Librarians during which children will be guided via short fun videos by librarians to make various objects or learn new tips inspired from books, all while learning about different themes and topics such as Science, Technology, Engineering, Arts and Maths (S.T.E.A.M.). The kidsREAD programme aims to grow the love of reading and instil good reading habits in children aged 7-8 years old from less privileged households. Children will be engaged with storytelling and reading-related activities by trained volunteers at kidsREAD clubs
- Visit the Children's Museum which has trained educators who will take children through multimedia exhibits covering various aspects of life in Singapore. Find out more with this link <https://www.nhb.gov.sg/childrensmuseum>
- Enjoy water play activities at any of these centres - <https://honeykidsasia.com/free-water-play-areas-singapore/>
- The National Gallery Singapore's Keppel Centre for Art Education recently reopened with eight new interactive learning zones, providing little ones with exciting opportunities to connect with art through play and creativity.
- If your child dreams of being a firefighter, they can learn life-saving skills through interactive and fun-filled activities at SCDF's Civil Defence Heritage Gallery, Emergency Preparedness Centre and Fire Stations.
- For those who enjoy the outdoors and being with nature, walk or cycle at any of our wonderful parks. Here's a listing of parks more suited to children - <https://honeykidsasia.com/best-parks-for-kids-in-singapore/>

When you're tired of being outdoors all the time, being at home can be fun. Allow children quiet time with a book. Encourage your child to read for pleasure. Let them cook with you or help plan daily meals for the family. Limit access to all forms of digital devices – give their eyes and minds a screen break

We believe that balance is key to maintaining a healthy learning environment, and this break is a vital component of that balance. We hope you and your children enjoy this period of relaxation and come back ready for the exciting opportunities that lie ahead.

Here's wishing all a Happy Labour Day holiday tomorrow.

Warm regards,

God Bless

Christina Michael (Ms)
Principal



Singapore Youth Festival 2024 Arts Presentation (SYF)

Canossian School Band took part in SYF Arts Presentation this year. It was held at Singapore Conference Hall on Friday 5 April. The 14- member band performed two pieces entitled West Winds composed by Brian Blume and Avalanche Lake composed by Patrick Speranza.

They gave an outstanding performance and scored a distinction for their performance. Teachers and members were overjoyed with the result. It was definitely worth all the hard work and dedication put in during the practice sessions.



Important Dates to Note

Dates	Events
Wednesday, 1 May	Public Holiday - Labour Day
Thursday, 9 May	Last Day of Support class
Friday, 10 May	Last day of CCA
	<p><u>Meet-the-Parents (MTP)</u></p> <p>There will be parent-teacher meetings for selected students. Form Teachers will inform parents accordingly.</p>
Wednesday, 22 May	Public Holiday – Vesak Day
Saturday, 25 May to Sunday, 23 June	The last day of Term 2 is Friday, 24 May followed by the June term break. Students are to report to school on Monday, 24 June.
Friday – Saturday, 28 – 29 June	Annual School Camp. All students will report to school as usual on Friday. Details of the camp will be sent separately to you through your child.

School Operating Hours:

During the June Holidays, the General Office will be open from 7.30am to 3.30pm. Parents are advised to contact the General Office at 67498971 before coming to school.

Tips for Parents

Why is it important that my child knows their identity?

Many people your child will meet may have no previous experience of having met anyone who has a hearing loss. It's important that as parents and carers we understand what we can do to help our children feel proud of who they are. As parents we want to help build and develop our child's resilience and be positive about their hearing loss.

A child who feels proud of who they are will feel more confident and willing to embrace new challenges and try new things. Having a strong sense of self-identity will really boost their self-esteem and lead to better emotional wellbeing.



What can we do?

- Talk to them about why they're unique and celebrate the differences between us all. Help them understand that us all being different helps make the world interesting.
- Everyday life gets busy, so take the time to remind them why you're proud of them, and remember to praise them, even when things don't quite go to plan. Knowing you have confidence in them and will be there to support them will really help your child feel proud of themselves.
- Be genuine, open and honest as much as possible. Recognise that you know sometimes things are challenging, but let them know you'll support them to try new things and be there to back them up when needed.
- Help your child build their resilience. Life can be tough and we want our children to develop the ability to bounce forward again. Remind them it's ok to have bad days but help them find ways to deal with that when it happens. Maybe you can even role-play a situation to help them see how they could have explained things better or done something a bit differently.

(Source: *National Deaf Children's Society*)